

iU3A Risk Assessment – Covid19 Period



Islington U3A

Rev 01

General Outdoor Activity Risk Assessment Checklist

U3A Name: Islington U3A		
Interest Group Name: SHORTER WALKS		
Date: 23 September 2020	Location/ Postcode	Various
Nature and Description of Activity Walk <6 miles led by an experienced group member.		
Part 1: Activity Checklist Outcomes		Yes (✓)
A)	Consider the current Government and Public Health advice in relation to your location and the feasibility of carrying out this activity safely adhering to present social distancing requirements and permissible outdoor activities.	Purpose of activity: outdoor exercise.
B)	Consider whether your activity involves the sharing of any equipment or shared spaces and make suitable arrangements to have antiviral cleaning products available.	NA
C)	Where necessary inspect area prior to activity to ensure adequate social distancing can be maintained throughout and to remove/isolate any hazards.	Narrow paths avoided where possible
D)	Ensure travel arrangements also meet the necessary requirements	Off-peak Public transport
E)	Consider the general hazards related to this type of activity, the impact accommodating Covid19 requirements may have on the way it is organised. These may relate to the location and potential congestion areas, obstacles, fitness levels required, appropriate dress, weather conditions etc	Walk leader will assess in

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F)	Record outcome of these considerations in writing prior to the activity and share with participants so they can complete their personal checklist in line with the information in your checklist.	advance Walk details circulated
Signed Group Organiser: Kate Grant		Dated 23 September 2020

Part 2: Personal Checklist Outcomes		Yes (✓)
A)	All participants to review their own personal health and circumstances and refer to current Government guidance for different risk categories re Covid19 and measures recommended for people over 70 and/or with various medical conditions.	
B)	Consider the health risk category of anyone else you in your household or with whom you have contact..	
C)	Review the risk check list for the activity above completed by the group organiser and consider if you can take part without adverse risk to yourself or others.	
Signed :		Dated



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