

## Islington U3A Longer Walks Group

<b>Walk Title</b>	Sevenoaks Circular	<b>Walk No.</b>	364
<b>Area</b>	Kent	<b>Type</b>	Circular
<b>Date</b>	Wednesday 1 <sup>st</sup> June 2022		
<b>Distance</b>	10.5 miles		
<b>Timing</b>	4+ hours walking time + travel + refreshment stops. Allow 7 hours		
<b>Meeting up &amp; travel</b>	Catch the 9.54 train from London Bridge calling at Sevenoaks. Arrives Sevenoaks at 10.19 Return costs £3.45 with Freedom Pass and Senior Rail Card		
<b>Route</b>	This is a lovely walk through the Kent countryside. It starts by crossing the deer park of Knole House (NT) and then into woods, open fields, past oast houses and and into more woodland before descending to Ightham Mote (NT), a rare moated manor house, for a café lunch. For info: free entry to Ightham Mote with Art Fund Pass. The return walk along the Greensand Way (with a few short steep inclines on the way) follows a very attractive stretch of the Kent Downs with some superb views across the Weald. This leads us back to the grounds of Knole House in time for an optional afternoon tea stop before heading to Sevenoaks station.		
<b>Lunch/coffee</b>	Lunch at the NT café at Ightham Mote after about 5 miles.		
<b>Dropping out</b>	This is difficult, but may be possible to phone for a taxi from Ightham Mote to go to either Sevenoaks (7 miles) or Hildenborough(4 miles) stations.		
<b>Suitability</b>	Suitable for any reasonably fit regular walker. Comfortable waterproof walking shoes/ boots. Waterproof jacket. Check weather forecast for temperature and likelihood of rain. Wear, or carry, an extra layer. Some steepish inclines may be slippery if wet.		
<b>Facilities</b>	Limited toilet facilities at Sevenoaks station		
<b>Walk source</b>	Saturday Walkers Club No 21: <a href="http://www.walkingclub.org.uk">www.walkingclub.org.uk</a>		
<b>Maps</b>	OS Explorer147		
<b>Leader &amp; contact details</b>	<u>Walk Leader:</u> Rowena Mobile 07741 311531 Text or leave message Email <a href="mailto:inzanir@yahoo.co.uk">inzanir@yahoo.co.uk</a>		

