

## Islington U3A Longer Walks Group

<b>Walk Title</b>	Extended Walking Weekend, 2022	<b>Walk No.</b>	380
<b>Area</b>	Selworthy, Exmoor	<b>Type</b>	Various
<b>Date</b>	Friday 16 <sup>th</sup> September until Monday 19 <sup>th</sup> September, 2022		
<b>Distance</b>	We will select walks when we are there. Could include two main walks of about 14miles (22 km) on Saturday & Sunday, and shorter half day walks for Friday & Monday. Also other shorter walks – may - be available (if another Leader will volunteer) but not guaranteed. The area is generally hilly.		
<b>Meeting up &amp; travel</b>	<p>Outward journey will be Friday 16<sup>th</sup> September.</p> <p>For those travelling with the Group (20 out of 24), meet at Paddington <b>by 9.45 latest</b> in the main concourse. <b>We will catch the 10.04</b> train to Taunton (Plymouth). I'll give out the seat reservation tickets then. Arrives Taunton 11.50. We will then board our own coach for transfer directly to Selworthy (arriving approx. 13.15).</p> <p>We'll leave Selworthy at 14.30 (pick up by coach) and return from Taunton on Monday 19<sup>th</sup> on the 16.42 (arriving Paddington at 18.24).</p> <p>Rail ticket prices (with a Senior Railcard, Advance, Standard Class) should be: £49.60 (but Advance ticket prices vary per day. Coach to the house will be £30 / person.</p> <p>The coach company, Ridders, 01398 323398. Or Mark Jamieson 07976124581. Email: <a href="mailto:info@ridlers.co.uk">info@ridlers.co.uk</a></p> <p>On arrival at the House we cannot immediately check in. We will leave our luggage (could be just in the porch). We cannot use their facilities. We will immediately go on a walk for the afternoon then return to the house to check in. The earliest we are allowed to check in is 4.00pm.</p> <p>If you are travelling under your own steam, you can arrange your timing to arrive at any stage – for 1.15pm if you want to join the walk or after 4.00pm for check-in. Please be there by 7.00 for our evening briefing (&amp; drinks!). They normally do a safety/ welcome talk – don't know exact time for that, probably at check-in time.</p> <p>We'll depart on Monday 19th Sept: The group needs to check out by 10.00am but we will be able to leave the luggage there so we can do a morning short walk. After the walk we'll return to the House to collect luggage (by 2.00pm) and get the coach back to Taunton train station.</p> <p>We will get the 16.42 train from Taunton to Paddington, arriving there at 6.24pm. Again, if you are making your own travel arrangements, please ensure you check out by 10.00. Let me know there if you are leaving earlier (ie not coming on the Monday morning walk).</p>		
<b>Route</b>	Will depend on the walks selected. A briefing of the walk will be given the evening beforehand. As there are 24 of us going we may select to split and do more than one walk type per day but this will depend on if there is another Walk Leader that is present and willing		

	to offer a shorter walk. The base Walk offered for Saturday and Sunday will be up to 14 miles but we have all day to complete.
<b>Lunch</b>	A picnic lunch is provided by hf Holidays on Saturday & Sunday only.
<b>Dropping out</b>	Not relevant.
<b>Suitability</b>	<p>Suitable walking for any reasonably fit regular walker (<b>please ensure you can walk up to 14 miles beforehand</b>). There are no particular difficulties envisaged. Walks will not be reckied beforehand but hf Holidays provide proven walk routes.</p> <p>Terrain: quite hilly. Max ascent per walk will be 300m.</p> <p>Comfortable waterproof walking shoes/ boots. Check weather forecast for temperature and likelihood of rain.</p>
<b>Facilities / Accommodation</b>	<p>The accommodation is: Holnicote House, Selworthy, Exmoor, Minehead, Somerset TA24 8TJ, Tel: 01643 862013</p> <p><a href="https://www.hfholidays.co.uk/country-houses/locations/selworthy-exmoor">https://www.hfholidays.co.uk/country-houses/locations/selworthy-exmoor</a></p> <p>You will have been allocated a room class already depending on availability.</p> <p>All rooms are ensuite. Guest Registration form is required to be completed per member (I will try to arrange for completion during journey up).</p>
<b>Walk source</b>	Will be selected from hf's 'Discovery Room' selection.
<b>Map &amp; other references</b>	<p>OS Explorer: 332</p> <p>Links: hf Holidays, see above.</p>
<b>Leader &amp; contact details</b>	<p><u>Walk Leader</u>: Derek Harwood</p> <p><u>Phone</u>: 077 5931 4096</p> <p><u>e-mail</u>: derek.harwood@live.co.uk</p>