

Islington U3A Longer Walks Group

Walk Title	Saunderton to Princes Risborough	Walk No.	357
Area	Chilterns	Type	Linear
Date	Tuesday 12 th April 2022		
Distance	8.7 miles		
Timing	3.5-4 hours walking time + travel + refreshment stops Allow 6-7 hours		
Meeting up & travel	<p>Walk starts from Saunderton station returns from Princes Risborough</p> <p>They are adjacent stations on the Chiltern Line from Marylebone so buy an offpeak day return to Princes Risborough.</p> <p>A cheap day return with Freedom Pass (West Ruislip) and SRC is £11.05</p> <p>Meet at Marylebone station to catch the 10.13 train (final destination Aylesbury). Arrives Saunderton at 10.53</p> <p>Return trains from Princes Risborough are half hourly.</p>		
Route	<p>The walk starts on the east side of the railway line. We cross wide open countryside to Small Dean Farm where we turn northwards with a slight uphill footpath to follow a ridge to Loosley Row where we pick up the Chiltern Way. This heads west back towards the railway line which we cross at Saunderton Tunnel. Continuing on the Chiltern Way southwards we join the Ridgeway. After a steep ascent, with lovely far reaching views we continue westwards eventually leaving the Ridgeway to rejoin the Chiltern Way. After a very short steep ascent there is a gentle descent into the village of Church End and the pub. After lunch we shall make a quick tour around the beautiful Lyde Garden, a steeply banked water garden created where 8 springs merge into the Lyde (a tributary of the Thames). From here it is approximately 2.5 miles to Princes Risborough station, heading eastwards over much flatter terrain.</p>		
Lunch/coffee	<p>Pub lunch at the Lions, Church End, Bledlow after 6.2 miles.</p> <p>Please indicate if eating at pub on sign up form and try to sign up by midday the day before.</p>		

Dropping out	Not easy, but may be possible from the pub.
Suitability	Suitable for any reasonably fit regular walker. Comfortable waterproof walking shoes/ boots. Waterproof jacket. Check weather forecast for temperature and likelihood of rain. Wear, or carry, an extra layer.
Facilities	Non at Saunderton, use loos on train.
Walk source	www.walkingclub.org Saturday Walkers Club No 2: Saunderton via Bledlow + leader's tweak
Maps	OS Explorer 172 & 181
Leader & contact details	<u>Walk Leader</u> : Rowena Mobile 07741 311531 Text or leave message