

Islington U3A Longer Walks Group- Details Sheet

Walk Title	Kelvedon via Coggeshall	Walk No.	349
Area	Essex	Type	Circular
Date	Wednesday 23 February, 2022		
Distance	8.7 miles (14km)		
Timing	3 hours 30 mins walking time + travel + lunch stop. Allow 6 hours in total. Therefore should be back in Islington by c. 5.15 pm.		
Meeting up & travel	<p>Meet at Stratford Station (Platform 10) for the Ipswich train departing at 10:09 to reach Kelvedon at 10:51am. Please advise if boarding at Liverpool Street at 10:02am. We will plan to return on the 3:23pm train to arrive back at Stratford at 4:37pm.</p> <p>The cost of an off-peak day return with a FP and SRC should be £13.20.</p>		
Route	<p>This relatively undemanding walk takes in two of the more attractive villages in Essex, passing hundreds of listed buildings in Coggeshall and Kelvedon. The route takes us among the ruins of an abbey with its preserved brick-built chapel and the first of two mills that are linked by a particularly pleasant stretch of the River Blackwater.</p>		
Lunch	<p>A pub lunch is planned for the White Hart Hotel in Coggeshall. Think there is some outside space for those bringing their own lunch. Please indicate whether you will be having the pub's lunch.</p>		
Dropping out	<p>With 5½ miles under your belt you can get the 70 bus from Coggeshall after lunch which runs every 30 mins to Colchester Station (10 mins) to get the Greater Anglia service back to Stratford and Liverpool street.</p>		
Suitability	<p>We will comply with our Covid-19 generic Risk Assessment on our webpage.</p> <p>Pretty flat and suitable for any reasonably fit regular walker. There are no particular difficulties.</p> <p>Terrain: Field edges, and mostly quiet lanes and one busier 'B' road.</p> <p>Possible obstacles: a couple of stiles and at least one muddy track.</p> <p>Comfortable waterproof walking shoes/ boots. Check weather forecast for temperature and likelihood of rain.</p>		
Facilities	<p>There are toilets on the train and at Kelvedon station although on the other side of the track on arrival.</p>		
Walk source	Ramblers Routes		
Map and Other references	OS Explorer maps 183 and 195		

Leader & contact details	<u>Walk Leader:</u> Philip Davies <u>Phone:</u> 0753 5044557 <u>e-mail:</u> philip.d@blueyonder.co.uk
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