

Islington U3A Longer Walks Group

Walk Title	Deal to Dover	Walk No.	378
Area	East Kent	Type	Linear
Date	Thursday, 8 September, 2022		
Distance	10 miles (16 km)		
Timing	<p>About four hours walking time + travel + lunch stop. Allow at least 8 hours in total.</p> <p>Therefore expect to be back at St Pancras by 6.21pm (possible we will finish early enough to catch the train that gets back at 6.00 exactly)</p>		
Meeting up & travel	<p>Upstairs at St Pancras in front of platforms 11-13 at 10.25 to catch 10.34 arriving at Deal at 12.01. Leader, Jan, will meet you at Deal. Return trains from Dover at 16.49 or 17.00. Best fare I could find is St Pancras to Deal off peak day return costing £23.10 with Senior Railcard. Unfortunately you cannot use your Freedom Pass on these high speed Javelin services.</p>		
Route	<p>From Deal Station we walk to the pier, turn right and head towards the White Cliffs in the distance, passing Deal Castle, Walmer Green and Walmer Castle before heading off to Hawkshead Down, an important first and second world war airfield, then on through low rolling downland to Kingsdown where we rejoin the coastal path and climb onto the cliffs. Magnificent views from hereon, back to Deal and Ramsgate and on towards France. We descend to St Margaret's Bay for lunch at the Pines Cafe. After lunch we keep on the White Cliffs coastal path with fantastic views of where the Channel and North Sea meet, of France 20 miles away and of Dover Harbour. We descend into Dover, finishing with a short walk through the town to the station.</p>		
Lunch	<p>Lunch is available at St Margaret's Bay at the Pines café with its interesting little WW2 museum.</p>		
Dropping out	<p>Possible at St Margaret's Bay. Bus starts from top of Bay Hill, hourly at 39 past (takes 16 mins plus 5 minutes walk to Dover station), or take a taxi to Dover.</p>		
Suitability	<p>Suitable for any reasonably fit regular walker. There are no particular difficulties.</p> <p>Terrain: rolling but not tough</p> <p>Possible obstacles: None known</p> <p>Comfortable waterproof walking shoes/ boots. Waterproof jacket.</p> <p>Check weather forecast for temperature and likelihood of rain.</p> <p>Wear, or carry, an extra layer.</p>		
Facilities	<p>There are toilets in Deal and near Walmer Castle, at the Pines Café, St Margaret's Bay, at the National Trust café on the White Cliffs, and at the end at Dover Station.</p>		
Walk source	<p>Leader's variant of walk along national coastal path.</p>		
Map & other references	<p>OS Explorer 138</p>		

Leader & contact details	<u>Walk Leader: Jan Filochowski</u> <u>Beforehand</u> phone: 07879698902 (leave message if necessary) e-mail: jan@filochowski.net <u>On the day</u> mobile: 07879698902
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