

Islington U3A Longer Walks Group

Walk Title	Chess Valley	Walk No.	384
Area	Chilterns	Type	Linear
Date	Tuesday, 18 October 2022		
Distance	app. 9 miles (16 km)		
Timing	4 hours walking time + travel + lunch stop. Allow 7 hours in total. Therefore we should be back in Islington by 5.00 pm.		
Meeting up & travel	Meet at 9.30 in the open area between the Metropolitan and Circle line platforms at Kings Cross to catch the 9.43 Metropolitan line train to Chalfont & Latimer (arr. 10.36). Return is from Chorleywood. Both stations are in the Freedom Pass area.		
Route	<p>We walk north from the station to pick up the Chess Valley Way which we follow to Sarratt Bottom where we climb over Dawes Common to reach Sarratt Green and then Church End and the lunch pub.</p> <p>After lunch we follow the Chiltern Way westwards to cross the river and climb through woods to the Sarratt cricket field. We then turn south and go through Carpenter's Wood to reach Chorleywood station.</p>		
Lunch	Lunch is at The Cock at Church End		
Dropping out	In theory a 352 Hemel Hempstead-Watford bus leaves Sarratt Green (3/4 mile walk from the pub at 13.47) but when we last walked to Sarratt Green it failed to arrive.		
Suitability	<p>Suitable for any reasonably fit regular walker. There are no particular difficulties.</p> <p>Terrain: Mostly country paths. Some puddles and mud.</p> <p>Comfortable waterproof walking shoes/ boots. Check weather forecast for temperature and likelihood of rain.</p>		
Facilities	There are toilets at both stations and at The Cock. There is a small café near Chorleywood station.		
Walk source	"The Chilterns" by John and Annie Fergusson. Pocket Mountains.		
Map	OS Explorer 172		
Leader & contact details	<p><u>Walk Leader</u>: Stuart Beare</p> <p><u>Phone</u>: 7609 0766 – if necessary please leave a message. 07951 928415 on morning of walk.</p> <p><u>e-mail</u>: stuart.beare@btinternet.com</p>		
Interesting facts	<p><i>The original site of the village of Sarratt was at Church End. Holy Cross Church (12th century) contains a rare mural depicting a scene from the life of Christ.</i></p> <p><i>John le Carre depicted Sarratt as the location of a training school for spies.</i></p>		