## Islington U3A Longer Walks Group

Walk Title	Chenies and Sarratt	Walk No. 331		331
Area	Chilterns, Buckinghamshire	Type Circular		ılar
Date	Wednesday 06 October, 2021			
Distance	9 miles (14.5 km).			
Timing	4 hours walking time + travel + lunch stop. Allow 7 hours in total.  Therefore expect to be back in Islington by 4.30pm			
Meeting up & travel	Meet at 9.30 in the large open area between the Metropolitan and Circle line platforms at Kings Cross to catch the 9.43 Metropolitan line train to Chalfont & Latimer (arr. 10.36). Return is from Chorleywood. Both stations are in the Freedom Pass area.			
Route	We walk north from the station to pick up the Chess Valley Way which we follow to Chenies Bottom where we climb through the woods and around the grounds of the Manor House to reach the Green and the church. We then return to Chenies Bottom and re-join the Chess Valley Way until it crosses the Chiltern Way. We follow the Chiltern Way eastwards to Church End and the lunch pub.  After lunch we return westwards on the Chiltern Way to cross the river and climb through woods to the Sarratt cricket field. We then turn south and go through Carpenter's Wood to reach Chorleywood station.			
Lunch	Lunch is at The Cock at Church End.			
Dropping out	In theory a 352 Hemel Hempstead- Watford bus leaves Sarratt Green (3/4 mile walk from the pub) at 13.47 but when we walked to Sarratt Green last year it never arrived.			
Suitability	Suitable for any reasonably fit regular walker. There are no particular difficulties.  Terrain: Mostly country paths; some puddles and mud.  Comfortable waterproof walking shoes/ boots. Waterproof jacket.  Check weather forecast for temperature and likelihood of rain. Wear or carry an extra layer.			
Facilities	There are toilets at both stations and The Cock. There is a small café near Chorleywood station.			
Walk source	"The Chilterns" by John and Annie Fergusson Pocket Mountains.			
Мар	OS Explorer 172			
Leader & contact details	Walk Leader: Stuart Beare  Beforehand phone: 020 7609 0766 (leave-mail: stuart.beare@btinter  On the day mobile: 07951 928415		•	ssary)
Interesting facts	The original site of the village of Sarratt was at Church End. Holy Cross Church (12th century), lies on a straight line between the churches at Chenies and Aldenham, suggesting the site's prehistoric origins.  Chenies Manor was the medieval home of the Russells, later Earls and finally Dukes, of Bedford and remained in the family until 1954. The Church of St Michael contains the Bedford Chapel with nineteen Russell family memorials covering almost five centuries.			