

Islington U3A Longer Walks Group

Walk Title	Amersham and Chalfont St Giles	Walk No.	367
Area	Buckinghamshire	Type	Circular
Date	Friday, 24 th June 2022		
Distance	8.5 miles (14 km) including to/ from stations.		
Timing	approx 4 hours' walking time + travel + refreshment stops. Back in Marylebone at around 5.00pm.		
Meeting up & travel	<p>Meet leader on Metropolitan line platform at King's Cross at 9.20am to catch 9.28am train to Amersham. ETA approx 56 minutes later. All within Freedom pass zone. Please indicate where you will be joining the group on the sign up form.</p> <p>Return Metropolitan trains to King's Cross at 20 and 50 past the hour.</p>		
Route	An undulating walk from Amersham to Chalfont St Giles for an early lunch (12.15-12.30) at The Feathers pub before returning along the Chiltern Way to Amersham Old Town (possibly for tea), and back up the hill (20 minutes) to Amersham station.		
Lunch	Food is available to The Feathers, pie, chips and beer style (01494 872614), or in addition there are various cafes. If not eating with the group, please indicate on sign up form.		
Dropping out	Taxi from Chalfont St Giles (Chalfont taxis 01494-875000). Bus at 26 minutes past hour to Gerrards Cross and Uxbridge.		
Suitability	<p>Suitable for any reasonably fit, regular walker.</p> <p>Comfortable waterproof walking shoes/boots, and waterproof jacket. Check weather forecast for temperature and likelihood of rain. Wear or carry an extra layer.</p> <p>The walking is hilly, although the climbs and descents easy. Little mud when recced</p>		
Facilities	There are toilets at Amersham station.		
Walk source	In part, walk 11 in Country Walks near London (Christopher Somerville), much adapted by leader.		
Map & other references	O/S 172		
Leader & contact details	<u>Walk Leader</u> : Barbara Roberts. Mobile 07960-775450. Text, WhatsApp or leave a message.		
Interesting Facts	The blind poet, John Milton, went to live in Chalfont St Giles in 1665 in flight from the plague in London. He finished his epic poem, Paradise Lost, in his cottage which is still standing. The church of St Giles contains wonderfully-preserved 14th century wall paintings. Amersham was a great centre for religious dissent in Tudor times, and 7 Protestant dissenters were burned in 1506 and 1522.		