

Islington U3A Leisurely Walks Group	
Walk/Distance	Whitechapel to Wapping – about 3 miles
Date/Time	Wednesday 13 October 2021
Meeting up and travel	Meet at 10.00 outside Highbury & Islington Station. We will take the 10.17 Overground to Whitechapel Station arriving at 10.30. If you plan to join the walk at Whitechapel please meet us outside the station at 10.35 (let me know if you are planning to do this).
Route & Terrain	From Whitechapel Road we will cut through the Royal London Hospital grounds and join Stepney Way. After the coffee stop we will visit St Dunstan & All Saints Church. We will then walk through Limehouse and join the Thames Path. From there we head towards Shadwell Basin, Wapping Woods and then on to the ornamental canal. This leads us into Wapping where we can either stop for lunch or walk back to Wapping Station to get the Overground back to Highbury & Islington. Alternatively the 100 bus will take you back towards Liverpool Street Station and St Pauls.
Potential hazards	Although there's a lift to take you part way down to the platform at Wapping Station there are some steep stairs to navigate.
Breaks/toilet	Coffee stop at Stepney City Farm and possibility of lunch at The Town of Ramsgate. There are toilets at both venues.
Clothing/footwear	Comfortable walking shoes and waterproofs/umbrella if necessary.
Walk leader	Rachel Pellatt On the day: 07798 870035 Email: pellattrachel@yahoo.co.uk