

Islington U3A Leisurely Walks Group

Walk/Distance	Dollis Valley Greenwalk - Totteridge to West Finchley 2.5 miles
Date/Time	Tuesday 3 rd March Start time 10.30am
Meeting up & travel	Meet outside Totteridge and Whetstone station (Northern Line High Barnet branch 15 mins from Archway) Return from West Finchley station, also Northern Line, 10 mins to Archway)
Route & Terrain	Our route takes us along part of the Dollis Valley Greenwalk, through pleasant suburban parkland. It's a dedicated trail following the Dollis Brook with good paths and is flat except for a short uphill walk to West Finchley station at the end. We follow the path south through Whetstone Stray towards Woodside Park, where we briefly walk along pavements to rejoin the Dollis Valley Greenwalk at Riverside Park. We'll have a coffee break at the Italian café nearby (Vero caffè) before rejoining the Greenwalk until we reach the nearest point to West Finchley station. Then it's a 0.3 mile walk (some of it uphill) to the station.
Potential hazards	If there has been heavy rain, there could be puddles and mud in places.
Timing/breaks	Coffee break in the Vero Caffé two-thirds of the way through. .
Clothing/footwear	Comfortable walking shoes and waterproofs/umbrella if necessary.
Toilets	Totteridge station, West Finchley station, Vero Caffé
Leader's Contacts	leisurewalks.iu3a@gmail.com Walk Leader: Kate Grant Leader's mobile: 07973 760206
Links	https://www.barnet.gov.uk/parks-sport-and-leisure/walks-and-trails/dollis-valley-greenwalk