

Islington U3A Leisurely Walks Group	
Walk/Distance	Hyde Park A circular walk of just over 2.5 miles (about 1.5 hours walking).
Date/Time	Tuesday 18 th February at 10.30 am
Meeting up & travel	Meet at 10.30 inside the Apsley Gate, Hyde Park, Hyde Park Corner. If coming out of Hyde Park Corner station (Piccadilly line), turn left after the ticket barrier and take the steps up left (or slope left) Exit 1. At the top turn back to reach Apsley Gate. Turn left through the gates to the meeting place opposite the Lodge Café. Bus numbers 19 and 38 also go to Hyde Park Corner.
Route	We start by looking at the Queen Elizabeth Gate and the Achilles/Wellington statue and then head north to the Joy of Life fountain before cutting across to the old Police Station and Epstein's 'Atrocity in the park'. We'll cross the bridge to the Princess Diana Memorial Fountain and stop for a break at the Lido Café. Then we walk back along the south side of the Serpentine, through the Rose Garden and back to Hyde Park Corner.
Terrain and potential hazards	Most of the walking is on good tarmac paths, although we may occasionally cut corners by walking across the grass. There are some slopes but no steps.
Timing/breaks	The Lodge café is next to the start and the end of the walk. After about 1½ miles, we'll stop for a break at the Lido Café. We also pass the Serpentine Bar and Kitchen to which people might like to return to for lunch.
Clothing/footwear	Comfortable walking shoes and waterproofs/umbrella if necessary.
Toilets	At the cafes.
Leader's Contacts	Email: leisurewalks.iu3a@gmail.com Walk Leader: Elizabeth Mansbridge Leader's mobile: 078 6462 7940