

### Islington U3A Leisurely Walks Group

Walk/Distance	Canada Water circular walk Approx. 2 1/2 miles - 1 hour walking time, including short connection to/from station.
Date/Time	Monday 27 January 2020 10.15 just outside Highbury & Islington station Nb: Members travelling independently should meet up at Canada Water station by exit gates at 10.50.  (All travel within Freedom Pass area).
Meeting up & travel	Highbury & Islington station. Meet outside entrance gates by 10.15 in order to take the 10.25 Overground train to Canada Water (arrives 10.46) where the walk will start.  Return from Canada Water station in own time – frequent trains.
Route & Terrain	The route will take us through Grade 2 listed Southwark Park, which features a lake and rose gardens, on well maintained paths. This is a very easy, urban walk with a varied selection of points of historic interest.
Potential hazards	Busy road crossings en route to park.
Timing/breaks	Coffee/icecream stop in park if desired. Lunch stop at end of walk.
Clothing/footwear	Comfortable walking shoes, warm clothing and waterproofs/umbrella if necessary.
Toilets	Canada Water library (adjacent to station) Southwark Park (adjacent to cafe – new and clean) Cafés at Canada Water
Leader's Contacts	leisurewalks.iu3a@gmail.com  Walk Leader: Janice Vale Leader's mobile: 07932711299
Links	<a href="http://www.southwarkparkgalleries.org">www.southwarkparkgalleries.org</a> (map of nest box sculpture trail)