

Islington U3A Leisurely Walks Group	
Walk/Distance	Greenwich 2.5 miles (about 1.5 hours walking)
Date/Time	Monday 22 July 2024, 11.00am
Meeting up & travel	Meet at Highbury & Islington station at 9.30 to catch the 9.44 Overground train to Shadwell where we will change to the Lewisham branch of the DLR for Cutty Sark (eta 10.29). The Lewisham branch of the DLR can also be accessed at Bank via the Northern Line from Angel.
Route & Terrain	We will enter the grounds of The Old Royal Naval College (now occupied by the University of Greenwich) near The Old Brewery then walk past the Painted Hall and the Chapel and up Park Row to reach the Park near the Millennium Sundial. We will then walk up One Tree Hill from which JMW Turner painted the view of London. We will walk up the eastern edge of the Park from Maze Hill Gate to the Vanbrugh Park Gate and stop at the Ignatius Sancho café. After coffee we will enter the Flower Garden, pass the Greenwich Park Pond and look at the view of Blackheath from the Blackheath Gate. We will then continue around the perimeter to Queen Caroline's bath, the Ranger's House, the Rose Garden and Croom's Hill before descending to the Herb Garden and St Mary's Gate.
Potential hazards	There are 46 steps from the top of the escalator at Cutty Sark station, but there is a lift.
Timing/breaks	Refreshments are available at The Old Brewery and the Ignatius Sancho café.
Clothing/footwear	Comfortable walking shoes and waterproofs/umbrella if necessary.
Toilets	At the Old Brewery, Ignatius Sancho café, and the Blackheath Gate.
Leader's Contacts	Email: stuart.beare@btinternet.com Mobile on morning of walk 07951 928415 Please tell the leader if you plan to join elsewhere than at Highbury & Islington station. Walk Leader: Stuart Beare
Attractions in Greenwich	The Painted Hall, the Chapel (no charge for entry), The National Maritime Museum (no charge for entry), Cutty Sark, the Royal Observatory, the Peter Harrison Planetarium and the covered market. A £30 day pass is available to the Observatory and Cutty Sark. Light lunches are available at the Parkside café (near St Mary's Gate), The Old Brewery and the Undercroft beneath the Painted Hall.