

Islington U3A Leisurely Walks Group	
Walk/Distance	London Wall Walk About 2.5 miles
Date/Time	Tuesday, 17 th October 2023, by 10.00am
Meeting up & travel	<p>Meet outside Highbury & Islington station by 10.00 am. We will probably travel to Tower Hill via the Victoria Line to King's Cross, changing there for the Circle Line to Tower Hill.</p> <p>Or meet outside the top exit to Tower Hill tube station by 10.30, by the mobile coffee stall. Please let the leader know if you will be joining us there.</p> <p>Return by bus or tube to Islington or elsewhere from near St Paul's. Plenty of opportunities to drop out en route.</p>
Route & Terrain	<p>This is a stroll through the City following the course of the London Wall during Roman times, starting at the Tower of London and following the remaining modern-day numbered information panels (some have disappeared over the years) to St Martin's-le-Grand/Aldersgate. We will walk through Aldgate, Bishopsgate, Moorgate and Barbican seeing how the remains of the wall has been variously covered up, revealed by the Blitz or rediscovered by recent building works.</p> <p>The walk also passes many interesting buildings, churches and gardens plus some street sculpture and ends by walking through the Postman's Park passing the G F Watts' Memorial.</p>
Potential hazards	Steps going up and down at Tower Hill. A few steps to street level from the Salters' Hall garden. The rest is pavement.
Timing/breaks	<p>Suggested coffee stop at Emperor House, Vine Street within the first half hour of the walk. The café overlooks a newly exposed chunk of the wall within a recently opened small museum.</p> <p>Opportunities for refreshments also at the end of the walk near Barbican/St Paul's.</p> <p>Should be back at Highbury & Islington station by 1.30 pm-ish.</p>
Clothing/footwear	Comfortable walking shoes and umbrella if necessary.
Toilets	At the coffee stop(s).
Leader's Contacts	<p>Linda Pledger Mobile: 07879 335445 Email: a2lpledger@gmail.com</p>