



iU3A Longer Walks Group - Guidelines for Etiquette

1. For everyone's safety please abide by the advice and the instructions of the volunteer Walk Leader, and keep the Leader or the main party in sight at all times.
2. If a problem arises and you must stop or leave the walk, make sure the Leader knows! If the Leader is out of sight, call him/her on their mobile number if necessary – it will be in the published Walk Details.
3. If you decide to leave a walk at an opt out point, you are responsible for your own transportation decisions.
4. Walks may be modified in the event of problems such as blocked paths, flooding etc. Please then follow and support the Leader's decisions.
5. Though walking is one of the safest outdoor activities, no activity is completely without risk. It is your responsibility to ensure your own safety.
6. Most of all - please enjoy the walks.