

Islington U3A Leisurely Walks Group	
Walk & Distance	XMAS WALK - A walk from St Pauls to Tower Bridge along the Southbank. Approximately 3 miles
Date & Time	Wednesday 11th December 2019 10.00am
Meeting up & travel	Meet outside St Pauls underground station (Central Line)
Pace and potential hazards	Pace will be a gentle pace on tarmac streets mostly on the flat with some gentle uphill and downhill. Steps up and down Tower Bridge
Route & Terrain	We start at St Pauls underground station and then walk around St Pauls and across the Millennium Pedestrian Bridge to the Tate Modern. We take in the installation in Turbine Room (loos here) and back onto the embankment. We walk east past the Globe Theatre and Clink Wharf to Southwark Cathedral where we stop for coffee and see the archeological exhibition. We go on to Borough Market where, if time, we may have a short stop. This is followed by a visit to the historic courtyard at Guys Hospital and The Shard. We then walk through Hays Galleria back to the embankment and onto Tower Bridge (steep steps here) crossing to the north side. We turn right and walk around St Katherine's Dock, back past the Tower of London to All Hallows by the Tower (where those who wish can have lunch at about 12.30 in the Byward Kitchen and Bar.)
Timing	This walk should take about 2½ hours including the coffee break, but it depends on how long walkers wish to spend at points of interest.
Clothing & footwear	It is December so wear layers and bring waterproofs if the forecast suggests possible rain. The terrain is good with tarmac footpaths but with some areas of cobble which may be slippery if wet. Just a reminder to bring a walking stick if you wish. There are 2 flights of quite steep steps at Tower Bridge and uneven paving in Borough market and around London Bridge building works.
Toilets	Tate Modern (15 mins into the walk). Southwark Cathedral (40 mins from start) London Bridge station (Lower ground concourse between Underground and mainline station)
Shortening the walk	It is possible to shorten the walk almost anywhere along the walk. We pass London Bridge station at approximately 12.00.
Leader's Contacts	Kate Wark email: kjwark@btinternet.com Phone: 07979907669