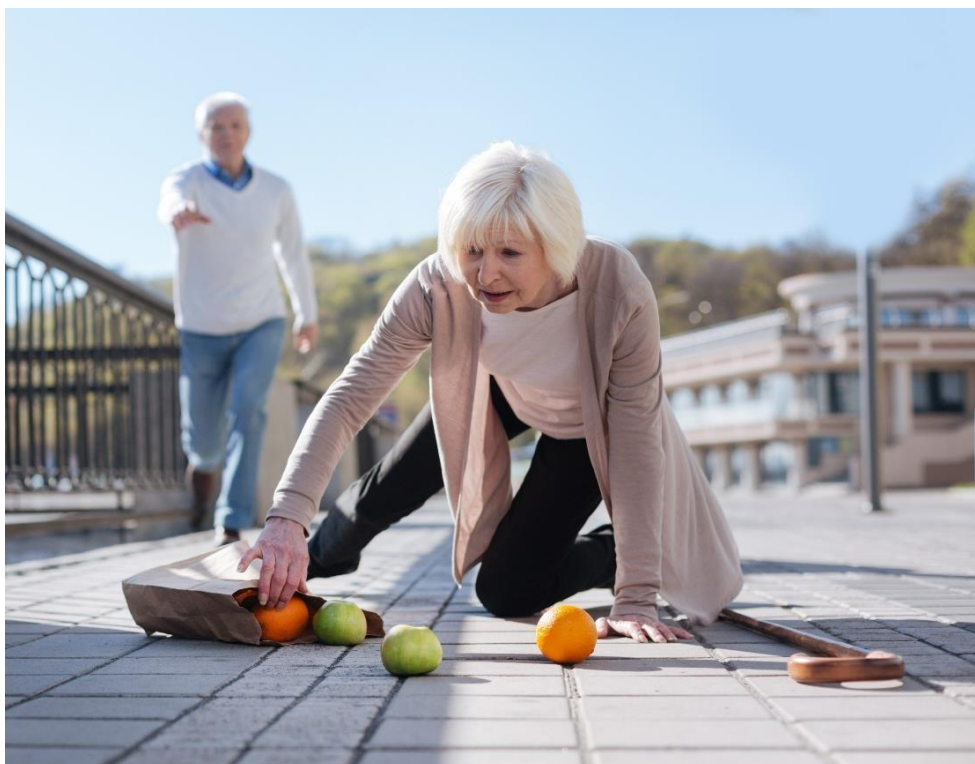


Have you fallen recently or are you concerned about falling?



Volunteers needed for a Research Study

We are investigating the effect of two different 16 week Balance Rehabilitation Classes on balance, walking ability and cognitive function.

You may be suitable if you:

- Are aged over 65
- Have fallen or are concerned about falling
- Do not have a neurological disorder (e.g. stroke)
- Do not have any acute medical issues that limit your ability to participate in an exercise programme
- Can attend a weekly, free exercise class

For further information please contact

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